



How to Memorialize a Loved One and Move Forward After Their Passing

If you have a relative or family member that's recently passed away, finding a way to memorialize them may feel like a daunting task. You want to celebrate their life and bring people together in a thoughtful way, something that may seem easier said than done.

Especially when you also have to tend to the loved one's assets, the situation can feel even more difficult. But [Ethician Family Cemetery](#) is here to help you memorialize your loved one and move forward. If you aren't sure where to begin, here are some tips that can help.

Memorializing a Loved One

In many cases, memorializing your loved one on [social media](#) can be the ideal approach. Both Facebook and Instagram offer you the ability to memorialize a page. With that, the profile is given a special status, limiting access to just the person's "friends" and "followers." Then, you can use the timeline to announce their passing or share your thoughts, ensuring the message reaches their nearest and dearest.

Alternatively, you can start a new Facebook group or a fresh profile on your preferred platform. Tribute pages and groups give you a space specifically to discuss your loved one and give you the utmost control.

Once you choose an approach, you can create your memorial post. In many cases, you'll want to begin with photos or videos, selecting ones that showcase what you loved most about your family member or friend.

Mixing [traditional portraits](#) with [candid shots](#) can be a great way to showcase their full personality. Then, you can add some text, giving you a place to express your feelings, share service details, and more. If you run into any problems with the file size, try this [easy to use image resizer online](#).

If you want to make creating the post easier, turn to the right tools. You can find easy-to-use templates with options like:

- Adobe Spark
- Canva
- Pablo

With those, you can find a lovely layout and helpful editing options. That way, you can create a loving tribute that's designed with that specific platform in mind.

Lastly, if your loved one was passionate about a particular cause, you could start a nonprofit in their name. Launching a nonprofit is easier than you might think, but it still requires hard work and dedication. In addition to registering your nonprofit with the state, you may need to appoint at least three directors depending on where you live. There are many online guides designed to help you learn how to get this process started, so put in some research before you make a decision.

Tending to a Loved One's Assets

After a [loved one's passing](#), some of their property may end up in probate. Usually, the court will review the will and approve the executor, allowing them to distribute various assets to heirs. If there isn't a will, then the court makes many of the asset-related decisions.

If your loved one owns a home and you're either the beneficiary of the estate's executor, there are situations where you may need to sell it before probate wraps up. If that's the case, make sure to choose a real estate agent that has experience with probate sales. Often, the process can be a bit more complex, so it's wise to have an expert by your side as you work through it.

Getting Help If You Need It

The passing of a loved one is often an emotional time. If you need help, don't be afraid to seek it out. Additionally, if you're currently working, you may want to see if your company has an employee assistance program. Many of those give workers access to counseling, coaching, and similar supportive services, making it easier for you to get the help you need quickly.

Finally, you can try online resources like:

- AARP Grief and Loss
- [National Widower's Organization](#)
- The Compassionate Friends
- [Grief in Common](#)
- Griefnet.org
- Hellogrief.org
- First Candle

- HEARTBEAT
- Soaring Spirits

Some of those organizations specialize in specific situations, while others are broader. Still, if you're struggling, they are worth exploring. Remember that grief is perfectly natural and healthy. It doesn't vanish overnight. But by taking the time to acknowledge and experience it, you can honor the departed and truly move on when you're ready.

[Ethician Family Cemetery](#) is a "green cemetery" where the Biblical philosophy of "dust to dust" is invoked. If you have any questions, please contact ghr@cyberclone.net.

Image via [Pexels](#)